

Princess Alexandra Hospital
Department of Otolaryngology
- Head & Neck Surgery
Brisbane, Queensland

Snoring & Obstructive Sleep Apnoea Cadaver Dissection Course

Programme

26 & 27 June 2019



Queensland
Government

Metro South Health



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FUNDING TRANSFORMATIONAL HEALTH RESEARCH



Queensland
Head & Neck Cancer
Centre

Main Speakers: Prof. Stuart Mackay (Wollongong)
Dr Andrew Jones (Wollongong)
Dr Leon Kitipornchai (Brisbane)
Dr Richard Lewis (Perth)

Course Convenor: Department of Otolaryngology
- Head & Neck Surgery
Brisbane, Queensland

Venue:
The University of Queensland
Department of Anatomy & Developmental
Biology
Otto Hirschfeld Building
St Lucia, Brisbane, Qld 4072

Dear Colleague,

Snoring and OSA Cadaver Dissection Course is for the surgical connoisseur. This course is a wonderful opportunity to learn and perfect surgical technique under expert supervision. Cadaver dissection allows the assimilation of knowledge with the certainty of a new skill learned or an old skill refined. This course covers the necessary operations for snoring and obstructive sleep apnoea under the experienced supervision and tutelage of Stuart Mackay (Wollongong), and Andrew Jones (Wollongong) as well as our own faculty from the Head and Neck Unit, Department of Otolaryngology, Head and Neck Surgery, Princess Alexandra Hospital.

Department of Otolaryngology, Head and Neck Surgery
Princess Alexandra Hospital

CME Points

This educational activity has been approved in the College's CPD Program. Fellows who participate can claim one point per hour (14) in Maintenance of Clinical Knowledge and Skills.



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Prof Ben Panizza; A/Prof Chris Perry; Dr Scott Coman;
Dr Bernard Whitfield; A/Prof Ben Wallwork;
Dr Raefe Gundelach; Dr James Bowman;
Dr Nicholas Potter

MAIN SPEAKERS

Stuart Mackay (Wollongong)
Andrew Jones (Wollongong)
Dr Leon Kitipornchai (Brisbane)
Dr Richard Lewis (Perth)

FACULTY

Ben Panizza Simon Nasser
Bernard Whitfield Liam Masterson
Lewis Overton Gianna Gangemi
Cheryl Kelly

VENUE

The University of Queensland
Department of Anatomy & Developmental Biology
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St Lucia, Brisbane, Qld 4072

COURSE OBJECTIVES

- To introduce surgeons to the complex decision making in planning surgery for patient's with OSA and snoring.
- To instruct and update Australian Otolaryngologists, Head and Neck Surgeons in surgical techniques currently utilised for management of snoring and OSA.
- To enable all course delegates to return to their parent hospitals and continue to maintain their surgical skills and anatomical knowledge through continuing cadaver dissection.
- To be competent in polysomnography interpretation.
- To understand the general principles and future directions of surgery for snoring and OSA in contemporary Australian otolaryngology practice.

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Wednesday 26 June 2019 - Day 1

12.00pm - 12.25pm Registration

12.25pm - 12.30pm Opening - *Ben Panizza*

12.30pm - 13.15pm History and Examination in Adult OSA - *Leon Kitipornchai*

13.15pm - 13.45pm Clinical Consequences of Untreated OSA - *Andrew Jones*

13.45pm - 14.00pm Techniques - Modified UPPP and variants - *Stuart MacKay*

14.00pm - 14.15pm Techniques – Transpalatal Advancement - *Richard Lewis*

14.15pm - 16.30pm Cadaver Lab

- Modified UPPP techniques
- Transpalatal advancement

16.30pm - 17.30pm POLYSOMNOGRAM INTERPRETATION - *Andrew Jones*

17.00pm - 17.30pm Nonsurgical treatment - CPAP, MAS, Positional therapy, Weight loss - *Andrew Jones*

17.30pm Close

18.30pm - 19.30pm Drinks and Canapes: La Lune Wine Co.

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Thursday 27 June 2019 - Day 2

- 8.00am - 8.30am** Preoperative Preparation and Postoperative Care - *Leon Kitipornchai*
- 8.30am - 9.00am** Techniques - Lingual Tonsillectomy, Epiglottopexy and Midline Glossectomy, RF tongue - *Stuart MacKay*
- 9.00am - 9.30am** Techniques – Submucosal Lingualplasty, Hypoglossal nerve stimulator implantation - *Richard Lewis*

9.30am - 9.45am Morning Tea

9.45am - 12.45pm Cadaver Lab

- Lingual tonsil reduction/Epiglottopexy
- Radiofrequency/Coblation Tongue reduction
- Midline glossectomy/Submucosal Lingualplasty
- Midline hypoglossal nerve identification

12.45pm - 13.15pm Lunch

13.15pm - 13.45pm Traps, pitfalls and when to do Sleep endoscopy - *Leon Kitipornchai*

13.45pm - 14.15pm Who should get an operation and what should they have done? - *Richard Lewis*

14.45pm – 15.00pm – Less used techniques and their indications – Palate stiffening, Uvulopalatal flap, Geniotubercle advancement, Hyoid suspension, Bimaxillary advancement, Bariatric surgery - *Stuart MacKay /Richard Lewis/Leon Kitipornchai*

15.15pm - 17.00pm CASES / PANEL / QUESTIONS - *Stuart MacKay /Richard Lewis/Leon Kitipornchai*

17.00pm Close

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Invited Main Speakers

PROFESSOR STUART MACKAY

Prof MacKay completed his training in Otolaryngology Head & Neck Surgery in 2006 and then undertook 12 months of training in Contemporary Airway Reconstruction techniques for OSA with Dr Sam Robinson and Professor Simon Carney in Adelaide. Since returning to Wollongong in 2008, he has established a Sleep Multidisciplinary Team which meets for regular patient reviews in the Illawarra.

He has delivered national and international lectures on Surgery for OSA, including invited keynote addresses as far afield as India, published papers on new techniques and philosophies and co-authored multiple peer reviewed papers on different aspects of sleep medicine. He is the vice president of the International Surgical Sleep Society. Prof MacKay resides in Wollongong, New South Wales, with his wife and three children.



DR ANDREW JONES

Dr Andrew Jones is a Respiratory & Sleep Disorders Physician working in public and private practice in Wollongong in NSW. He undertook his speciality training at Royal Prince Alfred Hospital and Concord Hospital in Sydney. He has a specific interest in Obstructive Sleep Apnoea management, in particular, the role of a multidisciplinary team in defining best treatment outcomes and assessing the role of treatment options other than CPAP in the condition. He has a strong interest in Medical Education and is the current Director of Physician Training at Shellharbour Hospital.



DR LEON KITIPORNCHAI

Dr Leon Kitipornchai (BEng, MBBS, MEpi, FRACS) is an ENT specialist with appointments at the Logan and Mater hospitals in Brisbane. He has a special interest in Paediatric and Adult Sleep Apnoea and is currently completing a post-fellowship clinical and research post with Professor Stuart Mackay in these fields.



DR. RICHARD LEWIS

Dr Lewis was trained in Otolaryngology, Head & Neck Surgery in Perth. Following this he completed a Fellowship in Head and Neck Oncology, Microsurgery and OSA surgery in the USA (Indianapolis), followed by a Skull Base Fellowship in London. He is currently a Consultant Surgeon at Royal Perth hospital as well as working in private practice in Perth. His practice is predominantly in OSA management and Head and Neck Oncology surgery. He has ongoing research studies in both OSA surgery as well as Head and Neck surgery.




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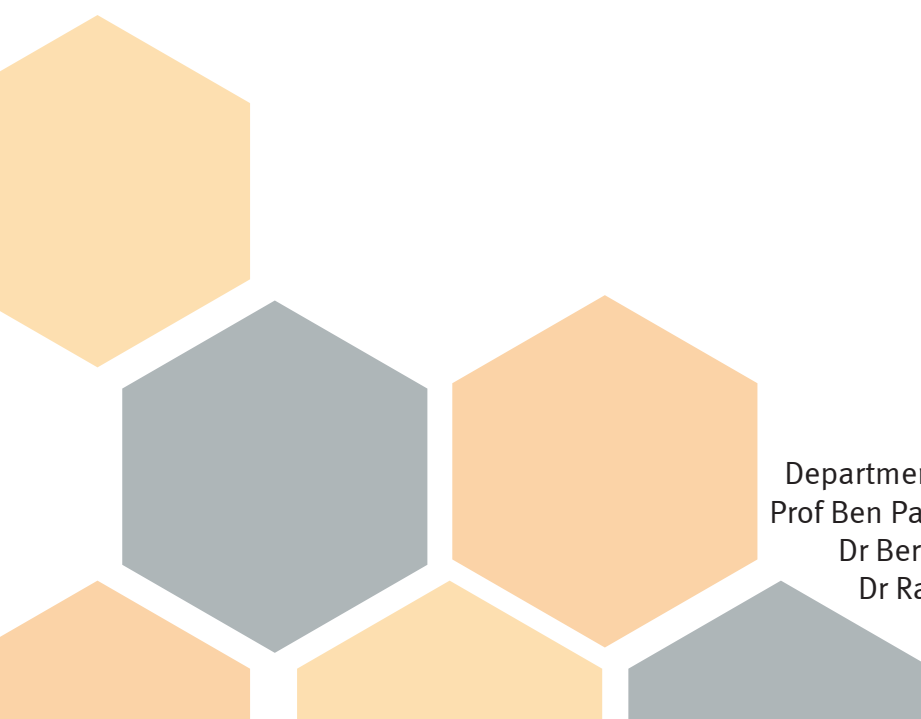


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